



[www.IslandViewGastro.com](http://www.IslandViewGastro.com)

CALL OR TEXT 805-641-6525



### **CAPSULE ENDOSCOPY STUDY**

The doctor has requested that you undergo an examination known as a SB Capsule Endoscopy to visualize your small bowel.

Your SB Capsule Endoscopy is scheduled on \_\_\_\_\_ at our office.

Please show up by \_\_\_\_\_ A.M.

#### **DAY BEFORE PROCEDURE:**

1. On the day before the test you will have to be on a clear liquid diet after 3:00PM. You are only allowed broth, tea, light colored soft drinks, coffee without creamer/milk and JELL-O (NO RED OR PURPLE LIQUID OR JELL-O).
2. Drink plenty of clear liquids throughout the day until you retire.
3. Any time after midnight drink up to 2 glasses of water. This will help to wash out any bile in your system and give us clearer visualization of your system.

### THE DAY OF THE PROCEDURE:

4. On the morning of the procedure, please continue on plenty clear liquids minimum 2 glasses of water until you have to come in for the study. You may have your medications the morning of your procedure if it can't wait.
5. Please dress in comfortable loose fitting clothes.

### INSTRUCTIONS FOR PATIENT WHILE WEARING THE MONITOR

After you are all set up with the capsule monitor you need to have the following:

1. CLEAR LIQUIDS UNTIL 3 PM. After 3pm you can have food.
2. COME BACK at 4:00pm./4:30pm. for the removal of the monitor.

**\*\*VERY IMPORTANT\*\***

CONTACT US IF:

- Green light changes to any other color (if it changes around 4:00p.m. it's OK)
- If you are experiencing **PAIN**

**Thank You!**