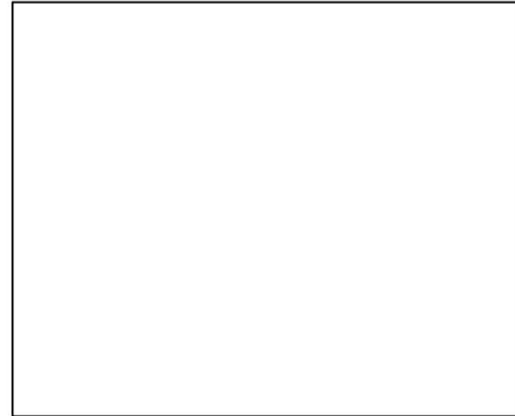




www.IslandViewGastro.com

CALL OR TEXT 805-641-6525



Proctosigmoidoscopy

Your doctor has requested that you have an examination to view the inside of the rectum.

FIVE DAYS PRIOR TO THE PROCEDURE STOP TAKING BLOOD THINNERS(e.g. PLAVIX, COUMADIN, WARFARIN)

Your proctosigmoidoscopy is scheduled on _____

Please Check In at: _____ A.M./P.M.

Please check in at:

- Ventura Endoscopy Center (VEC)**-5810 Ralston St. Suite 101, Ventura, CA 93003
- Community Memorial Hospital (CMH)** - 147 N. Brent St. Ventura, CA 93003 (Mountain Tower)
- Ventura County Medical Center (VCMC)** - 300 Hillmont Ave. Ventura, CA 93003 (1st Floor)

Preparation for Procedure

1. Purchase two (2) Regular Fleet Enemas, NOT MINERAL OIL ENEMAS. Available at most drug stores.
2. The night before the procedure, you must not have anything to eat or drink after midnight.
3. The first fleet enema is to be administered at _____A.M.
4. The second fleet enema is to be administered at _____A.M.

VERY IMPORTANT-YOU MUST HAVE TRANSPORTATION. AS YOU WILL BE SLIGHTLY SEDATED AND UNABLE TO DRIVE!! NO UBER/LYFT/TAXI/PUBLIC TRANSPORTATION UNLESS ACCOMPANIED BY A RESPONSIBLE ADULT (18YRS).

During The Procedure

You will change into a hospital gown and be given medication intravenously to make you sleepy. When relaxed properly, the flexible sigmoidoscope will be placed into the rectum and maneuvered through to the beginning of the transverse colon. You may feel some bloating and occasional cramping during the procedure, but all efforts will be made to minimize discomfort. If there are any questions of an abnormality, a biopsy (thin piece of tissue) will be taken for microscopic examination. If a polyp (mushroom-like growth) is identified, this will be removed and sent to Pathology for further examination.

After The Procedure

As soon as the scope is removed, you may feel the need to pass gas from the rectum. This is entirely normal, as considerable amounts of air have been trapped in the bowel during the examination. There is often bloating and cramping for an hour or two after the test, until the gas has passed. It is very important that you make arrangements to have someone bring you to the Center/Hospital and take you home. Some people are very sleepy and confused after the exam and forget instructions or findings given by the doctor. If you are unsure about any information given to you, please call the office for a brief follow-up appointment or leave a number where the doctor can return your call.

If biopsies are taken, we usually call patients within 7 days with the results. If you do not hear from us, please call our office 641-6525 at least 7 days after the procedure for the results.

PLEASE NOTE: If a biopsy is taken, you will be billed separately by the hospital or laboratory.

Thank you!