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Hello, Your provider has requested that you have a procedure. We appreciate the trust you have placed in us, and we continue to strive to provide the high quality of care that you expect. We want to make prepping for the procedure as easy as possible. In the next few pages you should find everything you need to prepare you for your procedure. Please read your instructions a least a week before your procedure. You should find:

- Prep instructions for your procedure.
- Directions to the facility.
- Facility specific demographic Paperwork to be completed at home. Best practice is to complete the medication list with your medications in front of you.
- COLONOSCOPY Prep Calendar *only for colonoscopy procedures.

Should you have any questions you can reach any one of our MA's, 8am-5pm weekdays Monday-Friday. If your MA is with patients and does not answer, be assured they will call you back. You can also text the main line 805-641-6525 and someone on our staff should be able to quickly assist you.

Colonoscopy tip: Before prepping, have wet ones, rash ointment or vaseline, and an over the counter nausea medication. To prevent irritation use wet ones and apply vaseline around the rectum. You can also use a rash ointment if necessary. If the prep causes you nausea you may take an over the counter nausea medication to help.

Should you have any billing questions, please call our billing department at 805-641-6525 ext. #3002. Because there is a wide variety of codes that can be used for billing both a colonoscopy and EGD and we won't know the codes until your procedure is over our billing department is unable to give you exact pricing on your procedure beforehand. However, they will do their best to answer your questions. Remember, you will have 2 or 3 separate bills; provider, facility and pathology bill.

We value our relationships with our patients, and pride ourselves on giving you the considerate and exceptional care that you deserve. If you have any issues or concerns contact our office manager at ext: #1105 or practice administrator at ext. #1124 who are always available to help.

Thank you!