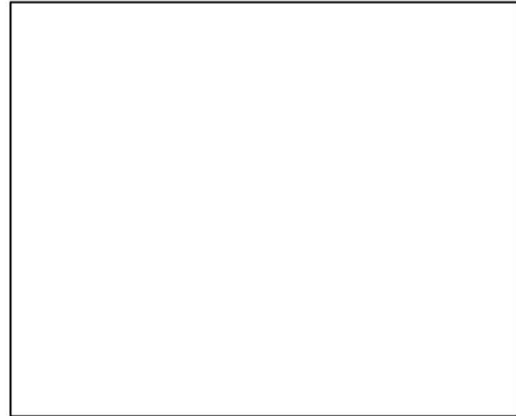




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CALL OR TEXT 805-641-6525



ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY (ERCP)

Your doctor has requested that you undergo an examination that enables him/her to diagnose problems in the liver, gallbladder, bile ducts, and pancreas.

Your ERCP is scheduled on _____ Please report by _____ A.M./P.M.

Please check in at:

- Community Memorial Hospital (CMH)** - 147 N. Brent St. Ventura, CA 93003 (Mountain Tower)
- Ventura County Medical Center (VCMC)** - 300 Hillmont Ave. Ventura, CA 93003 (Admitting)

The night before the procedure, have nothing to eat or drink after midnight. You may take your medication the morning of your procedure if they can't wait until after the procedure.

GLP-Antagonists used for weight loss and/or diabetes may need to be stopped prior to your procedure. See the attached sheet for more information on what medications qualify as a GLP- Antagonists and a timeline of when to stop your medication.

VERY IMPORTANT-YOU MUST HAVE TRANSPORTATION. AS YOU WILL BE SLIGHTLY SEDATED AND UNABLE TO DRIVE!! NO UBER/LYFT/TAXI/PUBLIC TRANSPORTATION UNLESS ACCOMPANIED BY A RESPONSIBLE ADULT (18YRS).

YOU WILL BE THERE FOR APPROXIMATELY 2 ½ HRS FROM YOUR CHECK IN TIME

During the Procedure

You will change into a hospital gown and lie on your stomach on the exam table. You will be given medication intravenously to make you sleepy. Your doctor may treat the back of your throat with a gargle or spray to make it numb. When relaxed properly, the endoscope will be placed in your mouth and you will be asked to swallow it. This is easily done because of the relaxing effect of the medication. The tube will not interfere with your breathing. Your doctor will then guide the scope through your esophagus, stomach and duodenum until it reaches the spot where the ducts of the biliary tree and pancreas open into the duodenum. The doctor will pass a small plastic tube through the scope. Through the tube, the doctor will inject a dye into the ducts to make them show up clearly on x rays. X rays are taken as soon as the dye is injected. If there are any questions of an abnormality, a biopsy (thin piece of tissue) will be taken for microscopic examination.

After the Procedure

As soon as the tube is removed, you may burp the air, which has been trapped in the stomach during the examination. You may develop a sore throat. In addition, you may develop abdominal pain, nausea or vomiting after the procedure caused by irritation of the pancreatic duct. This usually passes within 24 hours and is managed by avoiding oral intake until the pain has subsided. If the discomfort or vomiting becomes unmanageable, please call the doctor immediately. It is very important that you make arrangements to have someone bring you to the Hospital and take you home. Some people are very sleepy and confused after the exam and forget instructions or findings given by the doctor. If you are unsure about any information given to you, please call our office for a brief follow-up appointment or leave a number where the doctor can return your call.

If biopsies are taken, please call in 7 days at 805-641-6525 for the results.

PLEASE NOTE: If a biopsy is taken, you will be billed separately by the hospital or laboratory.

Thank You!